



CHINMAYA MISSION

invites you to discourses in English

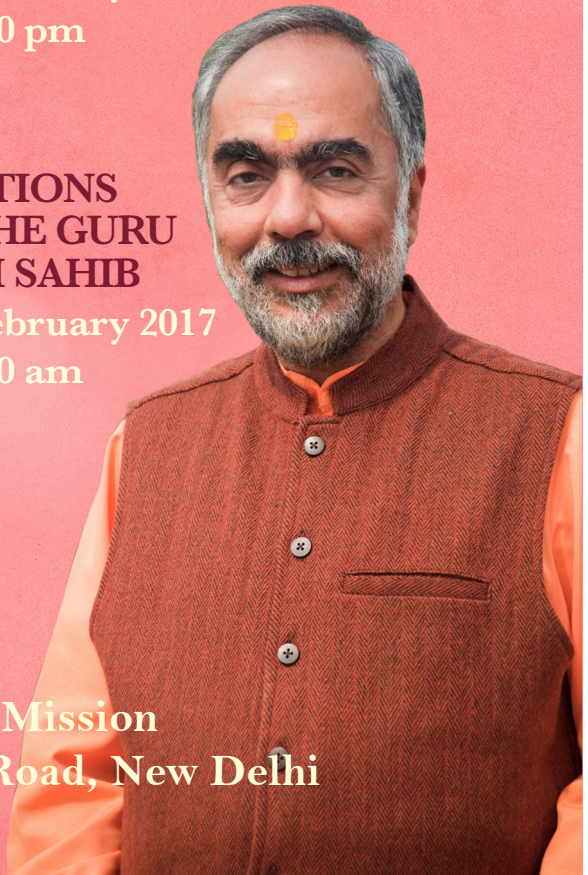
by

Swami Swaroopananda
Global Head, Chinmaya Mission

on

UPADESH SARA
by Ramana Maharishi
13 to 18 February 2017
6.30 to 8.00 pm

**MEDITATIONS
FROM THE GURU
GRANTH SAHIB**
14 to 18 February 2017
7.30 to 8.30 am



Chinmaya Mission
89 Lodhi Road, New Delhi

UPADESH SARA

by Ramana Maharishi

Bhagavan Ramana Maharishi's line of thinking, his straight and direct approach to the Truth, has attracted many a genuine seeker of spirituality.

Pujya Guruji, Swami Tejomayananda, first introduced his works to members of Chinmaya Mission, through his commentary on Upadesh Sara.

In the morning discourses, Swami Swaroopananda will present this simple, melodious composition revealing the depth of Vedantic philosophy briefly, yet completely. While presenting the Truth in his own unique way, he will draw on the authority of the traditional scriptures for validity.



MEDITATIONS ON THE GURU GRANTH SAHIB

'Lord, receive my prayer' (Tum Thakur, tum pe ardas), one of the most outstanding prayers found in the Sri Guru Granth Sahib, is recited by millions the world over. Through this, man invokes the grace of God and takes the first step towards meditation. As one advances in the mysticism of meditation, the first jewel that one acquires is naam, the Name of the Lord. This in time leads to the final attainment, which Sant Tulsidas calls bhakti, Vedanta terms as Self-Realization and Guru Sahib calls Sukhmani, the Jewel of Contentment

Swami Swaroopananda will explain how the mind can climb to this state of complete contentment and happiness through certain meditation techniques and the right attitude that makes these practices a success.



SWAMI SWAROOPANANDA

Inspired by the vision of Swami Chinmayananda, and reared under the guidance of Swami Tejomayananda, Swami Swaroopananda embodies a rare combination of qualities. Equally at ease expounding the knowledge of Vedanta in an ashram, university or corporate house, his tremendous work in uncovering the underlying unity of all religions, has made him a leading spokesperson of true self-development philosophy.

Named by Swami Tejomayananda as his successor, Swami Swaroopananda is now the Head of Chinmaya Mission worldwide, holding in his capable hands the reins of this great spiritual organisation. Delhi, on several occasions, has been fortunate to host Swamiji's discourses on several Vedantic and Sikh scriptures.

CHINMAYA MISSION

THE VISION & THE WORK

Inner transformation of individuals through knowledge of Vedanta, spiritual practices and service to society - resulting in a happy world around them.

- Over 300 centres in India and abroad.
Spiritual lectures, camps.
- Study groups, Bal Vihars, Yuva Kendras, Devi groups, Vanaprastha groups
- 79 schools, 9 colleges
- Hospital, diagnostic centres, nursing college
- Rural development projects in 4 states in India, and in Sri Lanka
- 8 senior citizens homes, orphanages
- Over 100 temples and shrines
- Spiritual books (over 800 titles), magazines, CDs, DVDs, online video channel

CHINMAYA MISSION DELHI

Swami Prakarshananda, Resident Acharya of the Delhi centre is a dynamic and active guide for spiritual seekers of all ages. In addition to regular weekly discourses by Swamiji, the centre periodically holds gyana yagnas, spiritual retreats and workshops.